

# The Parable of the Sower and the Seeds

## Matthew Chapter 13 Verses 1-23 Journal Page

The story Jesus tells about the Sower (a "sower" is a farmer) planting seeds can help us to think about how we listen. Jesus talks about birds, rocks and thorns as symbols to demonstrate things which can keep us from growing healthy hearts and minds.

In verse 5, rocks prevent the seeds from growing roots. What things can distract me from being a good listener to God, my parents, and my teachers?

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In verse 7, thorns push and crowd the plants. What negative words or advice do I sometimes hear which might push out God's good words?

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In verse 8, some seeds fell on good soil. These grew into a good crop. What good habits can I form so that my heart and mind will be "good soil" for God's word?

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Pray: God please protect me from distractions and negative words which keep me from hearing the good things you can teach me.

Amen

